

Sample Activity Programme

IP Bayonne – Surf and fun in the sun

M O R N I N G	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	07:45	07:45	07:45	07:45	07:45	07:45	07:45
	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP
	8:00 - 09:00	8:00 - 09:00	8:00 - 09:00	8:00 - 09:00	8:00 - 09:00	8:00 - 09:00	8:00 - 09:00
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	9:00 - 18:00	10:00 - 12:00	9:00 - 10:30	9:00 - 10:30	9:00 - 10:30	9:00 - 10:30	9:00 - 10:30
	Full day trip to Bordeaux	Orientation Town walk	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS
			10:30 - 11:00	10:30 - 11:00	10:30 - 11:00	10:30 - 11:00	10:30 - 11:00
			ASSEMBLY	ASSEMBLY	ASSEMBLY	ASSEMBLY	ASSEMBLY
			11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45	11:00 - 11:45
			LESSONS	LESSONS	LESSONS	LESSONS	LESSONS
			11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30	11:45 - 12:30
		INTENSIVE COURSE	INTENSIVE COURSE	INTENSIVE COURSE	INTENSIVE COURSE	INTENSIVE COURSE	INTENSIVE COURSE
	12:30	12:30	12:30	12:30	12:30	12:30	12:30
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
A F T E R N O O N	14:00	13:15	13:15	13:15	13:15	13:15	13:15
	ARRIVALS & WELCOME MEETING	ASSEMBLY	BREAK	BREAK	BREAK	BREAK	BREAK
		14:00	14:00	14:00	14:00	14:00	14:00
		Tabata	Beach volleyball	Beach dodgeball	HD TRIP Hossegor	Rowing	Beach Games
		Clay workshop	Lighthouse & Maison du surf	Cultural Town walk	SURF	Bidart	Aquarium
			SURF	SURF		SURF	SURF
E V E N I N G							
	19:15	19:15	19:15	19:15	19:15	19:15	19:15
	TTT	TTT	TTT	TTT	TTT	TTT	TTT
	19:30	19:30	19:30	19:30	19:30	19:30	19:30
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	20:30 - 22:30	20:30 - 22:30	20:30 - 22:30	20:30 - 22:30	20:30 - 22:30	20:30 - 22:30	20:30 - 22:30
	QUIZ NIGHT	BIARRITZ @ NIGHT	BACHATA @ BEACH	CASINO NIGHT	MOVIE NIGHT	HIPPODROME	Farwell evening @beach
N I G H T							
	23:00	23:00	23:00	23:00	23:00	23:00	23:00
	NIGHT CHECK	NIGHT CHECK	NIGHT CHECK	NIGHT CHECK	NIGHT CHECK	NIGHT CHECK	NIGHT CHECK



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* Due to different arrival and departure dates and times there will be several Welcome Meetings throughout the weekend.

Sample Programme Description

Our IP activity programme is a varied mix of workshops, sport activities, games and evening events aiming to provide our students with a safe, fun and intercultural environment, which represents our IP philosophy 'Learn more than a Language'. What is more, we select and prepare our activities with great care in order to fit into the students' area of interest as well as their need for freedom and independence. Some afternoon and evening activities are designed for all the students to get together, enjoying the international atmosphere (3-4 afternoons & evenings per week), and the opportunity to mix up and make new friends. It is a bilingual campus where activities take place in French and English.

We offer the students various visits of local sites and events to discover the area and practice their language skills, and active activities to create memorable experiences.

Afternoon Programme	
Beach Chill-Out	Supervised afternoon at the beach with an opportunity to swim in the Sea in the lifeguarded zones. We have our own bodyboards and beach tennis equipment available for our students
Sport	Dodge Ball, Football, Volleyball, Badminton, Zumba, Fitness Dance, Workouts, Jogging & Stretching
Fun Games	Photo Rally, Treasure Hunt
Arts & Crafts	Pottery, Jewellery workshop, Pericón painting (Spanish fan), Pimp your tote bag, Pimp your T-shirt
Health & Beauty	Henna tattoos, Nail Art, Beauty Workshop, Yoga and Relaxation
Food & Drinks	Crepes workshop, Cocktail workshop, Cake pops workshop
Workshop	
Games	Escape room, Geocaching, Water balloon battle
Cultural Afternoon	Aquarium, City of the Ocean (virtual reality museum), Chocolate Museum, Biarritz lighthouse, Bayonne bullfighting arenas, Bayonne rugby stadium, Basque Museum
Geocaching app	Treasure hunts prepared by tourism offices to discover and learn about the local area (three treasure hunts available in the area)
Extra trips	Bidart, Guéthary – typical Basque villages close to Bayonne that we can visit with public transport. Interesting for those students who are interested in learning more about Basque culture and visiting new places.

Evening Programme	
Fixed IP Programme	
Local events	Hippodrome (horse races), Biarritz at night, Concerts or ballet with supplement (if available), local festivals (skate, surf, etc.)
Game Nights	Escape rooms, Quiz night, Casino night, Minute-to-win-it games
Chill Nights	Marshmallow barbecue Night, Karaoke

Trips & Specials	
Trips	Full Day Trips: Bordeaux, San Sebastian, Arcachon and Dune du Pilat
	Half Day Trips: Sant Jean de Luz, Hossegor, Hendaye
	<i>Trip programme consists of +/- 1 hour optional guided walking tour with an IP staff member and free time for shopping</i>
Specials Add-Ons	Surf, Rowing, Cité de l'océan Biarritz, Aquarium, Biarritz lighthouse, Bayonne bullfighting arenas, Bayonne rugby stadium, Basque Museum, Chocolate Museum, Chambre d'Amour Terra Aventura, Fêtes de Bayonne, Bayonne Terra Aventura - the chocolate town, Bayonne Terra Aventura - street art
Some of these activities have an additional cost. Please check our pricelist or ask as for a quote.	



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Sample Excursions

Below you find detailed descriptions of our full and half day excursions. Excursions are done bilingually. The time frames are approximate and depend on public transport departure/arrival times. Times indicate departure from the centre and arrival back in the centre in the evening.
We reserve the right to organise excursions by public transport.

IP’s full day excursions:

During breakfast in the residence, students will receive packed lunch. The coach will pick us up or we will head to the public transport (bus or train), and we'll start the journey to the chosen destination. One of our trained IP staff members will give students a guided tour of the city/area. Every tour starts with some background information on the destination and lasts for about 1h. We will stop in different points of interest to take some pictures and talk about the most interesting stories about the places. After the guided tour, we will reach the set meeting points where students will get around 2h30 free time in pairs or small groups. The supervisor will indicate where the closest shops and cafes are, and students will be free to discover the surroundings on their own, within a maximum of 20 minutes walking distance. We will meet in the same meeting point at a specified time, walk back together to the coach and start our journey back to the centre.

Full day trip destinations

Bordeaux from 09:30-18:30

Bordeaux, centre of the vineyards in France, is known for its cathedral, art museums, and big houses from S.XVIII and XIX. In Bordeaux, we do a guided tour, visiting the cathedral which is a spectacular example of the French gothic style. We take the students walking through the city streets to sightsee the Grand Théâtre, Pey Berland or Place de la Bourse (entrance fees not included), going through Saint Catherine Street and the commercial gallery Bordelaise, emblematic shopping areas where you can do some shopping afterwards.

San Sebastián from 10:00-18:00

A trip to San Sebastian offers a delightful blend of coastal beauty and rich culture. Nestled along the Bay of Biscay, this charming city is famed for its stunning beaches, particularly La Concha, and its picturesque Old Town with narrow streets filled with pintxo bars. Visitors can explore historical sites like the San Telmo Museum and the Gothic-style San Vicente Church, or take in panoramic views from Mount Urgull. The city's vibrant food scene showcases the best of Basque cuisine. A day in San Sebastian provides a perfect mix of relaxation, culture, and culinary delights.

IP’s half day excursions:

After lunch, students will either jump into the public transport (bus or train) or a coach will pick them up in front of the Maison Diocésaine, and we'll start the journey to the chosen destination. Students will then get a guided tour from one of our trained IP staff members of the city/area. Every tour starts with some background information on the destination and lasts for 30 to 45min. We will stop in different points of interest to take some pictures and talk about the most interesting stories about the places. After the guided tour, we will reach the set meeting points where students will get 1 to 2h free time in pairs or small groups. The supervisor will indicate where the closest shops and cafes are, and students will be free to discover the surroundings on their own, within a maximum of 20mns walking distance. We will meet in the same meeting point at a specified time, walk back together to the transport and start our journey back to the centre.



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Half day trip destinations

St. Jean de Luz from 14:00-18:00

St. Jean de Luz is a small, historical town with a gorgeous harbour, narrow winding streets, and many local souvenir shops. Students will take part in a guided tour of this town which features a large number of residences built in the 17th and 18th centuries along the Quai de l'Infante, Rue Mazarin, Rue Gambetta and at the Place Louis XIV, as Maison de l'Infante, the church of Saint Jean Baptiste which students will visit to discover the beautiful baroque style or the Casino from where they could enjoy an amazing panoramic view of the town. La Grande Plage is unique from the panoramic sea promenade, where we can peacefully walk admiring the huge and wide sand beach. Students can explore the town at their own pace during free time.

Hossegor from 14:00-18:00

Hossegor is a beach resort set amongst the pine trees of Landes about 30 km north of Biarritz in south-west France. A continuous stretch of fine golden sand extends from here 150 km north to Arcachon. Hossegor's main street looks more like California than France with a surf shop on every corner. Hossegor has a well-earned reputation among surfers as having one of the best beach breaks on the planet. The crisp waves draw an ever-growing number of surfers from around the world.

Information for closed groups only: If you wish to visit any sight during one of our trips with your group, feel free to contact us. We are happy to arrange entrances for closed groups where possible and if prepaid. Entrances are subject to availability of the chosen sight.



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